

CORLHS Cross Country 2018-2019

Date	Site	Race Time
Monday 8/20/18	New Athens - Okaw Valley Park	6:00 G/6:45 B
Saturday 8/25/18	First to the Finish - SIUE	9:30 G/10:15 B
Thursday 8/30/18	Neoga HS	4:15 PM
Thursday 9/6/18	West Frankfort Park	4:30 G/ 5:00 B
Tuesday 9/11/18	Sparta	4:25 B/5:00 G
Monday 9/17/18	Nashville	4:30 B/5:15 G/6:00 Oper
Saturday 9/22/18	Freeburg	9:00 AM
Thursday 10/4/18	Pinkneyville - Lake Sallateska	4:00 G/4:30 B
Tuesday 10/9/18	Hamilton County - Dolan's Lake State park	4:00 G/4:30 B
Thursday 10/11/18	North Clay HS	4:30 PM
Monday 10/15/18	Benton	4:30 PM
Saturday 10/20/18	Regional	10 am G/11 am B
Saturday 10/27/18	Sectional	10 am G/11 am B
Saturday 11/3/18	State - Normal	

